

## ABSTRACT OF THE DISCLOSURE

A method for monitoring health signs of an individual is provided including the steps of detecting at least one health sign characteristic of the individual with a sensor unit that is located proximate to the individual; producing a health signal from the sensor unit that indicates at least one health sign of the individual; communicating the health signal from the individual to a receiving unit over a wireless connection; processing the health signal to determine if an emergency condition exists; and providing an indication of an emergency condition to a destination node of a network, wherein operating electrical power is applied to the receiving unit in an initialization mode, the receiving unit determining if the receiving unit has received an identification signal from the sensor unit, and receiving a health signal only from a sensor unit having the received identification signal.